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*Paper 3189*

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Owen T Carmichael, L H Kuller, O L Lopez, P M Thompson, R A Dutton, A Lu, S E Lee, J Y Lee, H J Aizenstein, C C Meltzer, Y Liu, A W Toga, and J T Becker, "Acceleration of cerebral ventricular expansion in the Cardiovascular Health Study." (2007). *Neurobiology of aging*. 28 (9), pp. 1316-1321. Postprint available free at: <http://repositories.cdlib.org/postprints/3189>

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# Acceleration of cerebral ventricular expansion in the Cardiovascular Health Study.

## **Abstract**

Interactions between prevalent late-life medical conditions and expansion of the cerebral ventricles are not well understood. Thirty elderly subjects received three magnetic resonance (MR) scans each, in 1997-1999, 2002-2004, and 2003-2005. A linear expansion model of MR-measured lateral ventricle volume was estimated for each subject by fitting a line to a plot of their 1997-1999 and 2002-2004 volumes as a function of time. Acceleration in ventricular expansion was defined as the deviation between the 2003-2005 volumes measured from MR and the 2003-2005 volumes predicted by the linear expansion model. Ventricular acceleration was analyzed in a multivariate model with age, race, history of heart disease, diabetes, and hypertension as fixed effects. Ventricular acceleration was significantly higher in non-whites, diabetics, and those without heart disease ( $p < 0.05$ ). Ventricular acceleration was higher in subjects with a history of hypertension, but the difference was not statistically significant ( $p = 0.08$ ). Acceleration of ventricular expansion in the elderly may be related to demographic and cardiovascular factors.

- **Title:** Acceleration of cerebral ventricular expansion in the Cardiovascular Health Study

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# 1 Abstract

Interactions between prevalent late-life medical conditions and expansion of the cerebral ventricles is not well understood. 30 elderly subjects received three magnetic resonance (MR) scans each, in 1997-99, 2002-04, and 2003-05. A linear expansion model of MR-measured lateral ventricle volume was estimated for each subject by fitting a line to a plot of their 1997-99 and 2002-04 volumes as a function of time. Acceleration in ventricular expansion was defined as the deviation between 2003-05 volumes measured from MR and from the linear expansion model. Ventricular acceleration was analyzed in a multivariate model with age, race, history of heart disease, diabetes, and hypertension as fixed effects. Ventricular acceleration was significantly higher in non-whites, diabetics, and those without heart disease ( $p < .05$ ). Ventricular acceleration was higher in subjects with a history of hypertension, but the difference was not statistically significant ( $p = .08$ ). Acceleration of ventricular expansion in the elderly may be related to demographic and cardiovascular factors.

# 2 Introduction

Cross-sectional imaging studies have suggested that the cerebral ventricles expand throughout early adulthood at a steady pace as a result of gradual neuronal death, but that the rate of ventricular expansion accelerates late in life [10] [30] [25]. The question of whether the expansion rate is modulated by risk factors in the elderly could be of clinical importance, since ventricular dilation has been associated with risk of Alzheimer's disease (AD) and with late-life cognitive decline in general [17] [1] [4] [26] [21].

Previous studies have suggested that faster rates of ventricular expansion may be associated with AD pathology, APOE  $\epsilon$ -4 carrier status, and cardiovascular risk factors such as hypertension and diabetes [3] [8] [31] [35] [12] [29] [2] [25] [15]. However, since most previous studies measure ventricular volume at one or two time points per subject, they are limited in the information they can provide about the time course of ventricular expansion. For example, if ventricular volume is only measured at two time points in a particular subject, it is not possible to directly measure whether ventricular expansion is accelerating, slowing, or remaining constant over time in that subject. Determining whether comorbidities are associated with fast and steady, as opposed to accelerating, ventricular expansion could be important for understanding the underlying effects of the comorbidities, and for predicting future ventricular volume in a clinical setting.

In this study, we measured ventricular volumes at three time points per subject in order to determine whether each subject experienced ventricular expansion that accelerated, slowed, or remained constant over time. Our goal was to determine whether accelerating ventricular expansion was linked to specific clinical factors. Subjects were drawn from a community-based epidemiological study in an attempt to avoid selection bias issues. Following a growing trend in region-of-interest based neuroimaging studies, we computed ventricular volumes using a fully-automated computerized technique to avoid concerns about the reliability and reproducibility of human region-of-interest tracings [9] [36]. We hope that the current study extends the results of an earlier prospective study in which the same image processing methodology was used for prospective analysis of a larger group of subjects who received only a single MR scan at baseline, but returned for a follow-up clinical evaluation 4 years later [6].

## **3 Methods**

### **3.1 Subjects**

There were 389 subjects who received clinical evaluations and high-resolution MR scans in 1997-99 as part of the Cardiovascular Health Study (CHS) Cognition Study at the Pittsburgh center. Details of the diagnostic criteria and clinical evaluation have been reported previously [23] [22]. From this initial sample, 107 subjects received a follow-up clinical evaluation and MR scan between 2002 and 2004. Of the 107 subjects who received evaluations and scans in 1997-99 and 2002-04, 31 subjects received a third evaluation and MR scan in 2004-05. Complete demographic and clinical data was available for 30 of the 31 subjects who received 3 evaluations and scans. At time of the 1997-99 evaluation, 28 of the 30 subjects were diagnosed as cognitively normal and 2 were diagnosed with mild cognitive impairment (MCI). In the period between the 1997-99 and 2005 evaluations, 7 subjects converted to dementia, 10 converted to MCI, and 11 remained normal. None of the 30 subjects had a history of stroke prior to the 1997-99 visit or incident stroke between the 1997-99 and 2005 evaluations. Infarcts were apparent on 8 of the 30 1997-99 scans; however, no additional infarcts were seen on 2002-04 or 2005 scans. A comparison of the 389 CHS Cognition Study subjects who received at least the 1997-99 clinical evaluation and MR scan, and the 30 subjects with 3 evaluations, 3 MR scans, and complete clinical data, is shown in Table 2, including the results of 2-sided  $t$  tests for the numeric variables. All data items were measured during the 1997-99 visit. Mean age and mean Digit Symbol Substitution Test scores were not significantly different between the groups. However,

mean Modified Mini-Mental State Examination score was significantly higher in the group with 3 scans and evaluations, and mean Hachinski Ischemic Scale and Unified Parkinson Disease Rating Scale scores were significantly lower in the group with 3 scans and evaluations.

### **3.2 MRI Acquisition and Processing**

MR images were collected from 1997 to 2005 on the same 1.5T Signa scanner (GE Medical Systems) with high performance gradients (4 G/cm and 150 T/m-s). The subjects were positioned in a standard head coil and a volumetric Spoiled Gradient Recalled Acquisition (SPGR) sequence with parameters optimized for maximal contrast among gray matter, white matter, and cerebrospinal fluid was acquired in the coronal plane (TE/TR = 5/25, flip angle = 40 deg., NEX = 1, slice thickness = 1.5mm/0mm interslice). Lateral ventricular volumes were estimated fully automatically on all scans using a technique described in a previous study and validated on a set of dilated ventricles [5] [Carmichael *et al.* 2006, submitted]. In short, images were resampled to obtain  $1 \times 1 \times 1 \text{ mm}^3$  voxels, anisotropically smoothed [33], skull-stripped [32], cropped to remove all-zero planes, and geometrically aligned [7] to images on which the lateral ventricles had been delineated manually or automatically. Specifically, 1997-99 images were aligned to a single, randomly-selected subject image on which the lateral ventricles had been manually traced by a trained rater to include the frontal horn and body, as well as the temporal and posterior horns, using a tracing protocol described previously [27]. 2002-04 images were aligned to their corresponding 1997-99 images, and 2005 images were aligned to their corresponding 2002-04 images. The alignment between 1997-99 images and the manually-traced subject image allowed the manual ventricle tracing to be transferred to the 1997-99 subject images. Consequently, the alignment between corresponding 1997-99, 2002-04, and 2005 images allowed the manual-tracing-based ventricle delineation to be transferred from the 1997-99 to 2002-04 and 2005 images.

### **3.3 Statistical Analysis**

Ventricular volumes were measured in all scans. Kolmogorov-Smirnov tests were used to test the distributions of 1997-99, 2002-04, and 2005 ventricular volumes for normality. For each subject, a predictive linear model of ventricular volume as a function of time was estimated by fitting a regression line to a plot of the 1997-99 and 2002-04 ventricular volumes as a function of time. In each per-subject model, time was the

predictor variable, ventricular volume was the outcome variable, and the slope and intercept of the regression line were the model parameters. In more detail, a graph with time on the  $x$  axis and ventricular volume on the  $y$  axis was constructed for each subject. Ventricular volume at the time of the 1997-99 visit was plotted at the time of the 1997-99 visit, and ventricular volume at the time of the 2002-04 visit was plotted at the time of the 2002-04 visit. A line connecting these two plotted points was used as a linear model of ventricular expansion over time, given data exclusively from the 1997-99 and 2002-04 evaluations. We refer to this line as the "linear expansion model" for that subject, and emphasize that the term "linear" refers to change in volume with respect to time, not the spatial pattern of ventricular expansion. The assumption of linear ventricular expansion over time was then evaluated for each subject by using the linear expansion model to predict ventricular volume at the time of the 2005 evaluation. For each subject, the signed percent difference between the ventricular volume measured from the 2005 MR scan, and the 2005 ventricular volume predicted by the linear expansion model, was computed and analyzed as an indicator of whether the rate of ventricular expansion accelerated, decelerated, or stayed constant in the period between 2002-04 and 2005, compared to the ventricular expansion rate between 1997-99 and 2002-04. We refer to the signed percent difference between measured and predicted 2005 volumes as the *ventricular acceleration*; if greater than 0, the ventricles expanded at a faster rate between 2002-04 and 2005 than they did between 1997-99 and 2002-04 (see Figure 1).

Ventricular acceleration was analyzed in a multivariate linear fixed-effects model in which 1997-99 and 2002-04 clinical data were fixed effects. Specifically, the following factors were fixed effects: subject age in 1997-99, race (white vs. non-white), and presence of heart disease, diabetes, and hypertension in 1997-99 and/or 2002-04. The significance of each of these factors in modulating ventricular acceleration was assessed through omnibus  $F$  tests in a 5-way ANOVA design. Effect size was determined by the contrast correlation  $r_{contrast}$  [28].

In the fixed effects analysis, ventricular acceleration is modeled by an overall population mean that is modulated by additive terms that depend on age, race, and presence of heart disease, diabetes, and hypertension. We used the results of the fixed-effects analysis to assess the incremental value of using clinical data as predictor variables in a model of 2005 ventricular volume. To do so, we made two predictive estimates of 2005 ventricular volume for each subject, and compared the predicted volumes with that measured directly from 2005 MRI. The first predictive estimate was based on the linear expansion model described above; a 2005 ventricular volume was estimated by drawing a line through the 1997-99 and 2002-04 ventricular

volumes on a plot *vs.* time, and following the line to the the 2005 scan date. The second predictive estimate modulated the linear expansion estimate by a ventricular acceleration that was estimated from subject clinical data through the fixed effects analysis. The 2005 ventricular volumes predicted by the linear expansion models and covariate-modulated models were compared to the measured 2005 ventricular volumes, and residual errors from the two sets of estimates were compared to each other using 2-tailed paired  $t$  tests to assess whether the introduction of clinical variables in the covariate-modulated models incrementally reduced the prediction residuals.

## 4 Results

Kolmogorov-Smirnov tests did not reject the hypotheses that the 1997-99, 2002-04, or 2005 ventricular volumes were normally distributed ( $p = .97$ ,  $p = .84$ ,  $p = .73$ ). The significance of factors in modulating ventricular acceleration is summarized in Table 1. Ventricular expansion accelerated in non-whites, diabetics, and those who did *not* have heart disease. Additionally, higher ventricular acceleration was associated with hypertension, but the difference was not statistically significant. Figure 2 shows box plots of ventricular acceleration in terms of significant factors in the model, plus hypertension. Percent error in 2005 ventricular volume was significantly lower for the covariate-modulated model compared to the linear expansion model (Two-sided  $t$  test,  $t = -2.8775$ ,  $df = 29$ ,  $p = 0.007$ ). Box plots of percent error in the two models is shown in Figure 3.

## 5 Discussion

The key finding of this study is that subjects with hypertension or diabetes experienced ventricular expansion that accelerated over time, independent of age or race. Since hypertension and diabetes are related to higher incidence of MR-identified white matter lesions, and white matter lesions are in turn associated with increased risk of ventricular expansion, we speculate that the accelerating expansion could be related to white matter damage that accumulates continually over time [37] [19] [18] [21]. Diabetes-related structural brain changes may be related to the increased dementia risk among diabetics in the CHS [14]. Future studies involving larger numbers of ventricular volume measurements per subject may help to determine whether ventricular expansion accelerates continually until death, or reaches a steady-state expansion rate,



in subjects with hypertension or diabetes.

Acceleration in ventricular expansion was lower in subjects with heart disease. While the relationship between ventricular acceleration and mortality has not been established, we speculate that subjects with a history of heart disease and accelerating ventricular expansion were more likely to be excluded from our cohort due to increased mortality associated with ventricular expansion and heart disease. Specifically, a variety of measures related to heart disease were associated with mortality in the CHS [11], and ventricular expansion was associated with mortality in the CHS and elsewhere [16] [34]. We speculate that concomitant heart disease and quickly accelerating ventricular acceleration increase mortality risk to such an extent that any CHS subjects with these characteristics died before the 2005 follow-up, and were therefore excluded from this study. Among subjects with heart disease, only those with concomitant near-constant ventricular expansion survived to 2005, leading to the appearance of decreased ventricular acceleration among those with heart disease. Low ventricular acceleration could be associated with decreased mortality among subjects with heart disease, for reasons that remain unclear.

Previous studies of the CHS cohort have suggested larger ventricles among non-whites [38] [24]. Since the non-white subjects in this study were African-American, and African-American race has been associated with higher incidence of relatively severe white matter hyperintensities, we speculate that accelerating ventricular expansion among African-Americans could be related to white matter damage that accumulates over time [20]. However, associations between race and brain structure characteristics could also reflect complex interactions between genetics, socioeconomic status, and other factors [13].

Methodologically, we note that previous studies vary widely with respect to subject selection criteria and accounting for comorbidities. Furthermore, while most studies fit regression lines to plots of ventricular volume as a function of age, our results suggest that linear models of ventricular expansion could possibly be insufficient for accurate modeling, especially among subjects with prevalent late-life comorbidities, and that higher-order models may be more appropriate [25]. In the future, this hypothesis could be tested on a larger data set through statistical tests that directly compare linear and higher-order models, for example those with quadratic terms.

## **6 Acknowledgements**

The research reported in this article was supported by National Heart, Lung, and Blood Institute contracts N01-HC-85079 through N01-HC-85086, N01-HC-35129, N01 HC-15103, N01 HC-55222, and U01 HL080295; NIH grants NS07391, MH064625, AG05133, DA015900-01, MH01077, EB001561, RR019771, RR021813, AG016570, AG20098, and AG15928; and additional contribution from the National Institute of Neurological Disorders and Stroke.

## **7 Disclosure:**

The authors have reported no conflicts of interest.

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## 8 Figure Legends

- **Figure 1:** Schematic description of ventricular acceleration. Ventricular volumes are measured from MRI in 1997-99, 2002-04, and 2005 for all subjects (black dots). A linear expansion model of ventricular volume over time is established based on the 1997-99 and 2002-04 ventricular volumes (solid line). The linear expansion model is extrapolated to the 2005 scan date to give a predicted 2005 ventricular volume, based on an assumption of linear ventricular expansion (grey dot). The percentage difference between the predicted and measured 2005 ventricular volumes is referred to as the ventricular acceleration (dashed line).
- **Figure 2:** Box plots of ventricular expansion acceleration by race and cardiovascular risk factors. Boxes show the median and first and third quartiles; whiskers extend to the most extreme data point which is no more than 1.5 times the interquartile range from the box. Raw values of ventricular acceleration are shown, with no adjustment for terms from the multivariate statistical model.
- **Figure 3:** Percent error in predicted 2004 ventricular volume from two models of ventricular expansion. One model predicts 2004 volume using a regression line fit to 1998 and 2002 ventricular volumes ("Model WITHOUT Covariates"). The other model uses clinical covariates to modulate the volume predicted by the regression line ("Model WITH Covariates"). Boxes show the median and first and third quartiles; whiskers extend to the most extreme data point which is no more than 1.5 times the interquartile range from the box. Raw values of ventricular acceleration are shown, with no adjustment for terms from statistical models.





Factor	$F$	$dF$	$p$	$r_{contrast}$
Age	1.1121	1	0.3021	0.2104
<b>Race</b>	<b>18.6592</b>	<b>1</b>	<b>0.0002</b>	<b>0.6614</b>
<b>Heart Disease</b>	<b>4.9483</b>	<b>1</b>	<b>0.0358</b>	<b>0.4134</b>
<b>Diabetes</b>	<b>9.9091</b>	<b>1</b>	<b>0.0044</b>	<b>0.5406</b>
Hypertension	3.2507	1	0.0840	0.3454

Table 1: Significance of factors in a predictive model of 2002-2004 ventricular expansion based on 1998 and 2002 ventricular volumes and clinical data. Factors in bold have  $p < .05$ .

	3 Evaluations	At Least A 1997 Evaluation	$p$
Gender (Female, Male)	20, 10	238, 151	
Race (Caucasian, African-American, Other)	21, 9, 0	308, 80, 1	
Education Level (Up to, beyond high school)	20, 10	236, 153	
Age in 1997-99 (Mean, S. D.)	73.37, 4.09	73.55, 4.24	.81
<b>Hachinski Ischemic Scale (Mean, S. D., N/A)</b>	<b>.93, .83, 0</b>	<b>1.29, 1.67, 65</b>	<b>.049</b>
<b>Unified Parkinson Disease Rating Scale (UPDRS; Mean, S.D., N/A)</b>	<b>3.8, 3.85, 0</b>	<b>5.46, 5.70, 65</b>	<b>.037</b>
<b>Modified Mini Mental State Exam (3MSE; Mean, S.D.)</b>	<b>96.03, 3.61</b>	<b>93.03, 8.57</b>	<b>.00034</b>
Digit-Symbol Substitution Test (DSST; Mean, S.D.)	45.57, 10.97	43.15, 14.03	.26

Table 2: Comparison of demographic data between CHS Cognition Study subjects who received 3 clinical evaluations and MRI scans, and the full set of CHS Cognition Study subjects who received at least one clinical evaluation and MRI scan. All data items were measured during the 1997-99 visit. Entries in bold show variables that were significantly different between the groups under 2-sided  $t$  tests at the  $p = .05$  level.

Figure 1

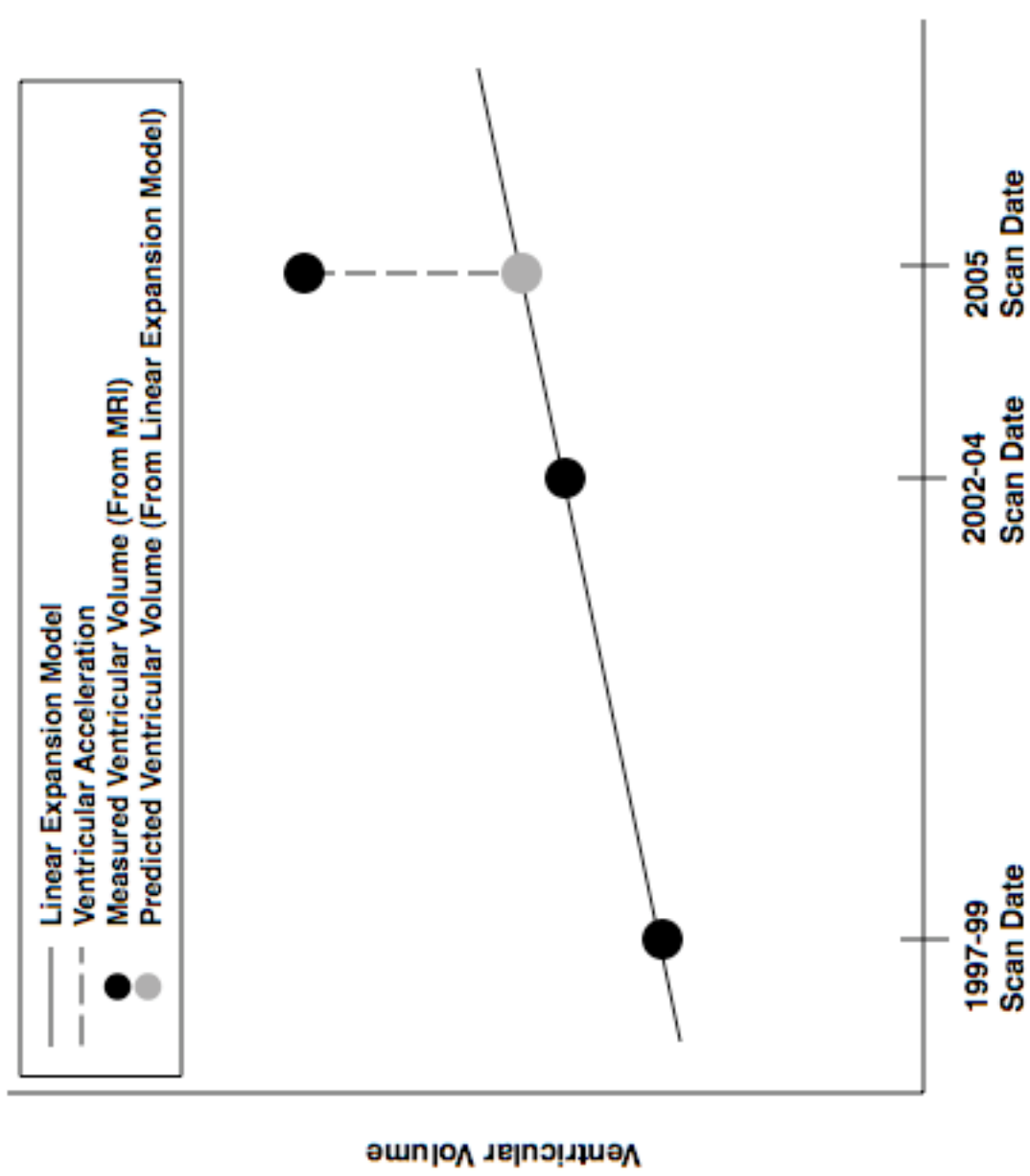


Figure 2

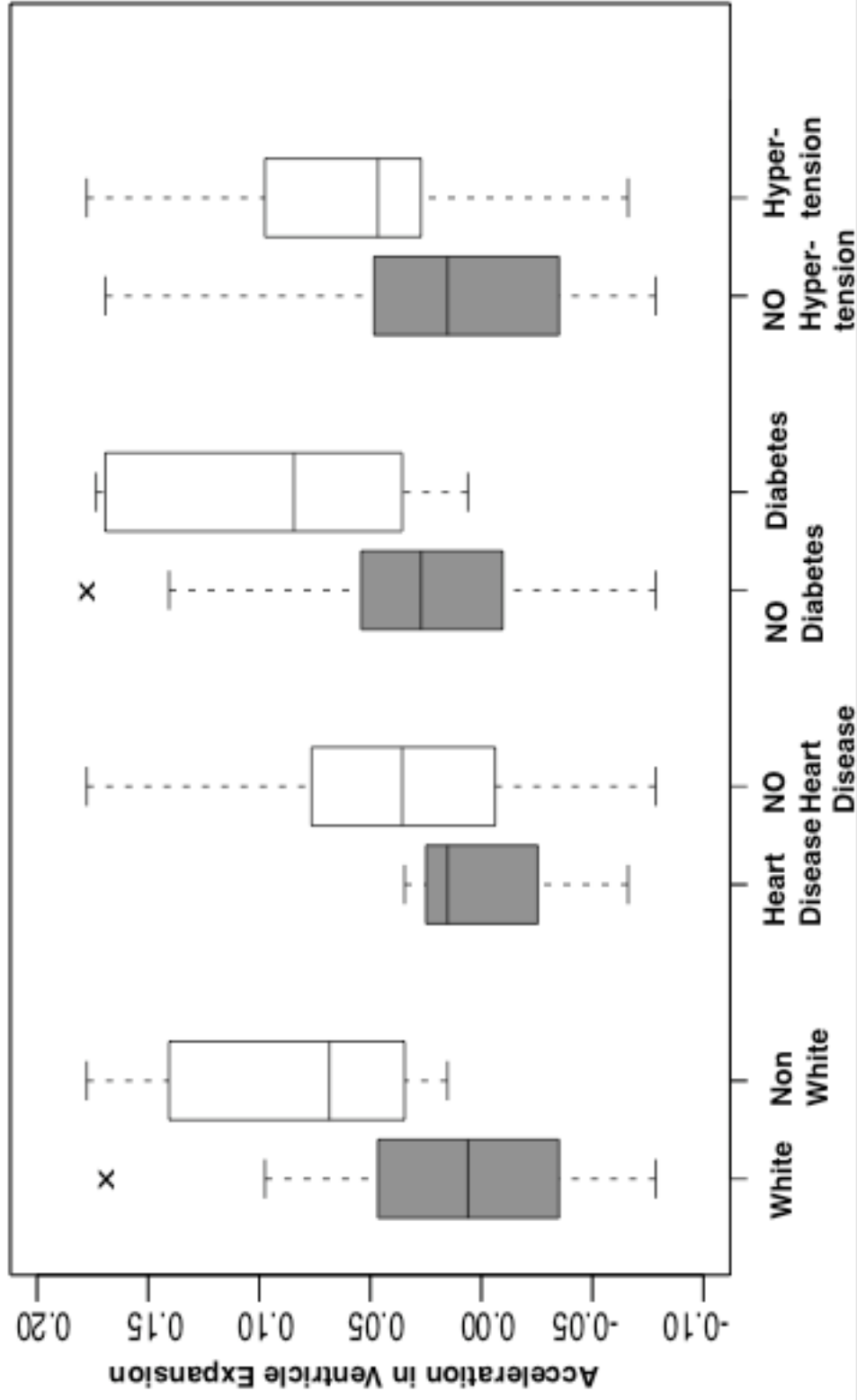


Figure 3

